



Ballyhoura Bears Walks List - No. 3 of 2019

WALKS GRADING FOR ALL A WALKS AS FOLLOWS

| | | |
|---------|---|----------------|
| 24 - 27 | - | EASY |
| 28 - 32 | - | MODERATE |
| 33 - 36 | - | STRENUOUS |
| 37 - 40 | - | VERY STRENUOUS |

MONDAY 1st. JULY:

ANNUAL MASS AT MASS ROCK IN GLENANAAR CAR PARK at 7.15pm
Contact Cal McCarthy - (086) 409 1315.

SUNDAY 14th. JULY:

- (A) STRENUOUS - Moderate Pace - Coomloughra Horseshoe 7 hrs. 35
Meet at Gateway Service Station 9am. Seamus Moran - (087) 2684976.
- (B) 11am - Glenanaar 4 hrs.
J. J. Cremin - (087) 6887977.

SUNDAY 21st. JULY - Barbecue Evening at Daly's, Darragh at 3.30pm:

- (A) MODERATE - 10am - Glenroe 5 hrs. 32
Maureen Murphy - (086) 8361321.
- (B) 11am - Ballyorgan 4 hrs.
Declan Clancy - (087) 7118560.
- (C) 12 noon - Ardpatrick 2 - 3 hrs.
Eileen Hurley - (087) 9002152.

SUNDAY 21st. JULY - Family Day in the Ballyhoura's

Contact Ballyhoura Office at (063) 91300 for details.

SUNDAY 28th. JULY:

- (A) STRENUOUS - 10am - Glenosheen 5 - 6 hrs.
34
Pat Hevenor - (087) 6403050.
- (B) 11am - Galtee's - Meet at Cush Car Park 4 hrs.
Maurice Lyons - (086) 3375207

SUNDAY 4th. AUGUST:

- (A) MODERATE - 10am - Galtee's - Cush Car Park 6 hrs. + 32
William O'Connell (087) 1277143.
- (B) 11am - Ballinvreana 4 hrs.
Jim Flynn - (087) 2833456.

SUNDAY 11th. AUGUST:

- (A) STRENUOUS - 9am - 8 Peak Ballyhoura Crossing - 35km 7 hrs. +
38
Meet at Maple Ballroom Kilfinane for bus to start - to Ballinaboola
Top Car Park - led walk - *names in advance*.
Declan Clancy - (087) 7118560
- (B) 11am - Darragh 3 / 4 hrs.
Kathleen Power - (087) 6609663.



Ballyhoura Bears Walks List - No. 3 of 2019 - Continued

SUNDAY 18th. AUGUST:

- (A) MODERATE - 9.30am - Cush Car Park. 6 hrs. 32
John O'Neill - (087) 3149215
- (B) 11am - Glenosheen 3 / 4 hrs.
Tom Wren - (086) 8327594

SUNDAY 25th. AUGUST:

- (A) STRENUOUS - 10am - Galtee's - Cush Car Park. 5 / 6 hrs.
34
Pat Hevenor- (087) 6403050
- (B) 11am - Glenanaar 4 hrs.
J. J. Cremin - (087) 6887977

SUNDAY 1st. SEPTEMBER:

- (A) NO A WALK.
- (B) 11am - Kilfinane 4 hrs.
Deirdre Fitzpatrick - (087) 6569224.

SUNDAY 8th. SEPTEMBER:

- (A) NO A WALK.
- (B) 11am - Glenosheen 4 hrs.
Susie Flavin - (085) 1448015.

SUNDAY 15th. SEPTEMBER:

- (A) MODERATE - 10am - Knockmealdowns - Meet at the Vee 6 hrs. +
32
Marian Wallis - (087) 6251194.
- (B) 11am - Ballyorgan 3 / 4 hrs.
Tom McCarthy - (085) 7605268.

SUNDAY 22nd SEPTEMBER:

- (A) MODERATE - 10am - Combaun Wood 5 hrs. 32
Mary Ryan - (087) 6507593.
- (B) 11am - Glenosheen 4 hrs.
Jim Flynn - (087) 2833456.

SUNDAY 29th. SEPTEMBER - WORLD HEART DAY ! !

- (A) MODERATE - 10am - Glenroe 5 hrs. 32
Teresa Brosnan - (087) 9002534.
- (B) 11am - Glenroe 4 hrs.
Deirdre Fitzpatrick - (087) 6569224.

SUNDAY 6th. OCTOBER:

- (A) and (B) COMBINED WALKS - Canon Sheehan Way 5 hrs.
28
10am - Meet at Doneraile Park Entrance Gates
for bus to Glenanaar. *Names in Advance.*
J. J. Cremin - (087) 6887977 / Cal McCarthy - (086) 4091315.



Ballyhoura Bears Walks List - No. 3 of 2019 - Continued:

THURSDAY EVENING WALKS - 7.30pm START

| | | | |
|--------------------------------|---|-------------------|---------------|
| 11th. JULY: 2833456 | BALLINVREENA FLOWER SHOW WALK | JIM FLYNN | (087) |
| 18th. JULY: | BALLINVREENA | JIM FLYNN | (087) 2833456 |
| 25th. JULY: 1741166 | GLENANAAR | BERNIE MURPHY | (085) |
| 1st. AUGUST: (085) 1741166 | GLENANAAR | BERNIE MURPHY | |
| 8th. AUGUST: (087) 7118560 | BALLYORGAN | DECLAN CLANCY | |
| 15th. AUGUST: (087) 9267948 | NOTE - 7pm GALTYMORE - Meet at Skeheenarinky | MIKE MORONEY | |
| 22nd. AUGUST: 8411421 | DARRAGH | SEAN MOLONEY | (086) |
| 29th. AUGUST: 8411421 | DARRAGH | SEAN MOLONEY | (086) |
| 5th. SEPTEMBER: | KILFINANE | KATHERINE BRACKEN | (087) 9201192 |
| 12th. SEPTEMBER: | KILFINANE | KATHERINE BRACKEN | (087) 9201192 |
| 19th. SEPTEMBER: 8327594 | MOUNT RUSSELL | TOM WREN | (086) |
| 26th. SEPTEMBER: 8327594 | MOUNT RUSSELL | TOM WREN | (086) |
| 3rd. OCTOBER: 7118560 | BALLYORGAN | DECLAN CLANCY | (087) |
| 10th. OCTOBER: 7118560 | BALLYORGAN | DECLAN CLANCY | (087) |

SATURDAY MORNING WALKS - 11am

Contact: EILEEN HURLEY (087) 9002152

NEXT WALKS MEETING WEDNESDAY 4th SEPTEMBER

in ARDPATRICK COMMUNITY CENTRE - 8pm

A.G.M. - TUESDAY 1st. OCTOBER in DEEBERT HOUSE HOTEL - 8pm



Newsletter

SUNDAY 21st. JULY - ANNUAL CLUB BARBECUE at Daly's Pub, Darragh at 3.30pm, following A, B & C Walks as outlined on Walk's List attached. Anyone who intends coming, please Text in advance (*AT YOUR EARLIEST CONVENIENCE*) DEIRDRE FITZPATRICK on (087) 656 9224 so that

numbers can be finalised as early as possible. It would be greatly appreciated if you could bring some baking / desserts etc. with you on the evening.

Universal Back Pack Cover with the Ballyhoura Bears Walking Club Crest on it, is available to purchase at €5.00 from Deirdre Fitzpatrick on (087) 656 9224.