



Ballyhoura Bears Walks List - No.4 of 2026

In the Event of an **ORANGE** or **YELLOW** Weather Warning, Please contact the Walks Leader

IMPORTANT: Names **MUST BE** given in Advance to the Walks Leader for **ALL "A" WALKS** outside of Ballyhouras & Galtees **DO NOT TRAVEL WITHOUT CONTACTING THE WALK LEADER**
For "B" Walks outside of the Ballyhouras, it is advisable to text/call the Walks Leader

Times given are **WALKS DEPARTURE TIMES** (a **red time** indicates change from standard departure time)

"A" Walks are strong paced with ascents & challenging terrain. Graded Moderate to Strenuous

"B" Walks are moderately paced on mixed terrain with a good level of fitness required.

"C" Walks are very moderately paced on very walkable terrain and moderate level of fitness required

Thursday evening Walks are moderately paced on mixed terrain and dependent on season can be wholly in darkness

PLEASE CHECK WEBSITE & WITH LEADER FOR WALK GRADES INFORMATION, 'A' WALKS ONLY.

The 'Ballyhoura Bears News' WhatsApp Group - Walks Updates, Weather Cancellations and training opportunities are made available via the Ballyhoura Bears News WhatsApp group and also by email.

SUNDAY WALKS "A" & "B" plus Friendship Walk & Christmas Party "C" Walks

Sunday 25th October **Combined Walk**

A Walk & B Walk: 10am Annual **combined walk** with a historical twist

10am for **A AND B** Meet at Doneraile National School, P51X796, Depart by Bus at 10am to Canon Sheehan Car park

Walk back to Doneraile. John Joe (JJ) Cremin 087 688 7977

(4.5- 5 hrs)

Sunday 1st November

A Walk: 10am Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhouras**) Kay Aherne 087 934 5233

(5 hrs)

B: Walk 11am Ballinaboola Trailhead, 898P+CF (**Ballyhouras**) Declan Clancy 087 711 8560

(4 hrs)

Sunday 8th November – "Friendship Walk"

The **3rd annual friendship walk** takes place on Sunday 8th November. "A", "B" & "C" Walks all start independently but all meet for lunch together at the friendship tree in the **Ballyhouras** and then walk away side by side.

A Walk: 10am Ballyorgan, Forest Homes Entrance 8G9H+MP Denis O'Brien 087 355 4425

(5 hrs)

B Walk: 11am Glenosheen, 52.314386, -8.495855

Declan Clancy 087 711 8560

(4 hrs)

C Walk: 11am Mount Russell, 52.321679, -8.558918

Eileen Hurley 087 793 4958

(2.5 - 3 hrs)

Sunday 15th November

A Walk: 9.30am Blennerville O'Shea's Service Station V92 YE04 (**Kerry**) Mary O'Connell 086 398 3385

(6 hrs)

B Walk: 11am Darragh Creamery 8H5V+C9 (**Ballyhouras**) John Burke 087 637 9457

(4 hrs)

Sunday 22nd November

A Walk: 10am Glenroe Church, V35 XN35 (**Ballyhouras**) Teresa Brosnan 087 900 2534

(5 hrs)

B Walk: 11am Broadford Co. Limerick, Park at Car Park opposite Broadford Church 82WG+9V (**Mullaghareirks**)

Vincent McCarthy +973 3556 8293 (WhatsApp) or 087 782 7030 (phone/SMS)

(4 hrs)

Sunday 29th November

A Walk: 10am Kings Yard, Knocknagaltree, Kilbehenny P67 X860 (**Galtees**) Anne Coffey 087 917 2699

(5-6 hrs)

B Walk: 11am Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhouras**) Catherine Hand 087 633 2818

(4 hrs)

Sunday 6th December (Bears Christmas Party)

Pre-Christmas Party Walks in the Ballyhours followed by the Bears Christmas Party at 3pm in Spruce and Willow, Ardpatrick at 3pm. Even if you can't walk, do come to the party.

- A Walk: 10am** Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhours**) Susie Flavin 085 144 8015 (5 hrs)
B Walk: 11am Glenosheen, 52.314386, -8.495855 (**Ballyhours**) Brian O'Loughlin 087 750 7325 (4 hrs)
C Walk: 12pm Seefin/Lacca Car Park 2Km past Biketrails 8G33+3H (**Ballyhours**) Eileen Hurley 087 900 2152 (2.5-3 hrs)

Sunday 13th December

- A Walk: 10am** Cush Car Park, Lough Curra Walks Trailhead (**Galtees**) William O'Connell 087 127 7143 (5 hrs)
B Walk: 11am 12 O'Clock Hills Car Park, nr Sixmilebridge, V95 YKN5 (**Clare**) John Cotter 086 608 4491 (4 hrs)

Sunday 20th December

- A Walk: 10am** Kilfinane, Maple Ballroom V35 HW31 (**Ballyhours**) Angela Hennessy 087 774 7058 (5 hrs)
B Walk: 11am Millstreet GAA Club, Millstreet, Cork, P51 W3F4 (**Derrynasaggart**) Paul Murphy 086 605 4770 (4 hrs)

Sunday 27th December (Christmas Walks)

Walk away those dinners and stretch your legs in the company of your fellow bears – with walks arriving back around the same time to raise a glass in Christmas Cheer at Nuala Mee's Pub in Ballyorgan

- A Walk: 10am** Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhours**) Jim Gallivan 087 258 8765 (5 hrs)
B Walk: 11am Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhours**) Deirdre Fitzpatrick 087 656 9224 (4 hrs)
C Walk: 12pm Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhours**) Eileen Hurley 087 900 2152 (2.5-3 hrs)

Sunday 3rd January 2027

- A Walk: 9.30am** Anglesborough, Park by Community Centre, V35 V126 (**Galtees**) Paddy Kelly 086 267 3270 (6 hrs)
B Walk: 11am Slievenamuck, meet Aherlow house Hotel, E34 VW22 (**Tipperary**) Pat Moriarty 087 265 2242 (4 hrs)

Sunday 10th January 2027

- A Walk: 10am** Ballinvreena Community Hall, V35 C894 (**Ballyhours**) Deirdre Fitzpatrick 087 656 9224 (5 hrs)
B Walk: 11am Two Mile Gate RGPP+P4, 4k north of Killaloe (**Clare**) Tim Twomey & John Cotter 086 608 4491 (4 hrs)

Sunday 17th January 2027

- A Walk: 10am** Glenroe Church V35 XN35 (**Ballyhours**) Martin Murphy 085 174 1166 (5 hrs)
B Walk: 11am Darragh Creamery 8H5V+C9 (**Ballyhours**) Maureen Murphy 086 836 1321 (4 hrs)

Sunday 24th January 2027

- A Walk: 10am** Aherlow house Hotel, E34 VW22 (**Tipperary/Slievenamuck**) Tom Brennan 085 209 8116 (5 hrs)
B Walk: 11am Galtee Castle Car Park, Kilbehenny 8RCC+FR (**low Galtees**) Kay Quirke 086 061 9540 (4 hrs)

Sunday 31st January 2027

- A Walk : 10am** Goosers Bar, Ballina, (**Arras/ Tipperary**) V94 R678 Sylvia & William Cooke 086 855 6871 (5 hrs)
B Walk: 11am Mount Hillary Loop 45F4+9V (**Boggeraghs off N72 nr Mallow**) Hilary Mansfield 086 398 3930 (4 hrs)

FINDING THE MEETING POINT

After the location you will see a code . **ALL three types of codes can be put into Google Maps**

"62RV+XC" is a google map reference, "P12 AW80" is an Eircode, "52.360472, -8.414853" is a coordinate

'C' Walks (2 hours) every Saturday – 11am Start

"C" Walks take place **every Saturday at 11am** with a duration of 2 hours approx. and a very moderate pace.

Details of each "C" walk are provided in the **'Ballyhoura Bears News' WhatsApp Group** two days beforehand

You can also contact the **'C' Walks Coordinator Eileen Hurley** at **087 900 2152**

"MINI-BEAR" & "FULL BEAR" CHALLENGE

We are a wonderful friendly club with wonderful friendly members and a rich range of walks.

There are 4 walks scheduled every week ("A", "B", "C" & Thursday Night). Try to do all for four types.

To do the "Mini-Bear" is to join an "A" Walk, A "B" Walk, "C" Walk & Thursday over any period of time. Even years!

To do the "Full Bear" is to join a "A" Walk, a "B" Walk, a "C" Walk & Thursday Night over an 8-day period. E.g do a "B" Walk on a Sunday, try the following Thursday night walk, join the "C" Walk on Saturday and then an "A" on Sunday.

Meet your fellow bears and try something different, walk at a different pace and connect.

Thursday Evening Walks – No.4 2026

7.30pm Start (Approx 2 hours duration – occasionally longer in summer)

Head Torch & Hi-Vis Vest Essential

22nd Oct	Galtee Castle Car Park, Kilbehenny	8RCC+FR	Kay Quirke	086 061 9540
29th Oct	Galtee Castle Car Park, Kilbehenny	8RCC+FR	Kay Quirke	086 061 9540
5th Nov	Combaun Wood, Anglesborough	8P9P+G2	Diarmuid McIntyre	087 224 4192
12th Nov	Combaun Wood, Anglesborough	8P9P+G2	Susan Mackessy	087 282 1533
19th Nov	Glenbrohane Church	V35 DK70	Anne Coffey	087 917 2699
26th Nov	Ballinvreena Community Hall	V35 C894	Anne Coffey	087 917 2699
3rd Dec	Meades Gate , nr Kilfinane	52.360472, -8.414853	Geraldine Cooke	087 778 9052
10th Dec	Barrabunocka Bridge, Kilfinane	V35 KV98	Geraldine Cooke	087 778 9052
17th Dec	Glenanaar Canon Sheehan Trailhead	7FCR+J7	Paul Murphy	086 605 4770
<i>24th Dec Christmas Eve – No Walk scheduled</i>				
<i>31st Dec New Years Eve – No Walk scheduled</i>				
7th Jan	Maple Ballroom, Kilfinane	V35 HW31	Declan Clancy	087 711 8560
14th Jan	Ballyorgan, Forest Homes Entrance	8G9H+MP	Declan Clancy	087 711 8560
21st Jan	Glenanaar Canon Sheehan Trailhead	7FCR+J7	Paul Murphy	086 605 4770
28th Jan	Ballinaboola Trailhead	898P+CF	Pat Moriarty	087 265 2242

Please send any photos taken on club walks to secretary Lucy Mulqueen 087 6910736 for inclusion in local newspapers & club social media - always ensure consent of participants when taking photos for publication.

Keep up to date with the 'Ballyhoura Bears News' WhatsApp Group - Walks Updates, Weather Cancellations & training opportunities are made available via the Ballyhoura Bears News WhatsApp group and by email.

The **next club committee meeting** is at **7pm on Wednesday 20th January 2026**, Ballyhoura Offices, Kilfinane

The **Ballyhoura Bears Club AGM** will be held on the **20th October from 7pm at the Deebert House Hotel in Kilmallock**, Co. Limerick. It's a great social event as well as a space for members to have their voices heard. **From 7pm-8pm there will be a Skill Share event** where members will share insights on Emergency Care, Using Apps, Maps and more followed by the AGM.