Ballyhoura Bears Walks List - No.4 of 2026

In the Event of an ORANGE or YELLOW Weather Warning, Please contact the Walks Leader

IMPORTANT: Names MUST BE given in Advance to the Walks Leader for **ALL "A" WALKS outside of Ballyhouras & Galtees DO NOT TRAVEL WITHOUT CONTACTING THE WALK LEADER**
For "B" Walks outside of the Ballyhouras, it is advisable to text/call the Walks Leader

Times given are WALKS DEPARTURE TIMES (a red time indicates change from standard departure time)
"A" Walks are strong paced with ascents & challenging terrain. Graded Moderate to Strenuous
"B" Walks are moderately paced on mixed terrain with a good level of fitness required.
"C" Walks are very moderately paced on very walkable terrain and moderate level of fitness required
Thursday evening Walks are moderately paced on mixed terrain and dependent on season can be wholly in darkness
PLEASE CHECK WEBSITE & WITH LEADER FOR WALK GRADES INFORMATION, 'A' WALKS ONLY.

The 'Ballyhoura Bears News' WhatsApp Group - Walks Updates, Weather Cancellations and training opportunities are made available via the Ballyhoura Bears News WhatsApp group and also by email.

SUNDAY WALKS "A" & "B" plus Friendship Walk & Christmas Party "C" Walks

Sunday 25th October Combined Walk
A Walk & B Walk: *10am* Annual **combined walk** with a historical twist
10am for A AND B Meet at Doneraile National School, P51X796, Depart by Bus at 10am to Canon Sheehan Car park
Walk back to Doneraile. John Joe (JJ) Cremin 087 688 7977 (4.5- 5 hrs)

Sunday 1st November
A Walk: *10am* Ballyorgan, Forest Homes Entrance 8G9H+MP **(Ballyhouras)** Kay Aherne 087 934 5233 *(5 hrs)*
B: Walk *11am* Ballinaboola Trailhead, 898P+CF ***(Ballyhouras)*** Declan Clancy 087 711 8560 *(4 hrs)*

Sunday 8th November – "Friendship Walk"
*The **3rd annual friendship walk** takes place on Sunday 8th November. "A", "B" & "C" Walks all start independently but all meet for lunch together at the friendship tree in the **Ballyhouras** and then walk away side by side.*
A Walk: *10am* Ballyorgan, Forest Homes Entrance 8G9H+MP Denis O'Brien 087 355 4425 *(5 hrs)*
B Walk: *11am* Glenosheen, 52.314386, -8.495855 Declan Clancy 087 711 8560 *(4 hrs)*
C Walk: *11am* Mount Russell, 52.321679, -8.558918 Eileen Hurley 087 793 4958 *(2.5 - 3 hrs)*

Sunday 15th November
A Walk: *9.30am* Blennerville O'Shea's Service Station V92 YE04 ***(Kerry)*** Mary O'Connell 086 398 3385 *(6 hrs)*
B Walk: *11am* Darragh Creamery 8H5V+C9 ***(Ballyhouras)*** John Burke 087 637 9457 *(4 hrs)*

Sunday 22nd November
A Walk: *10am* Glenroe Church, V35 XN35 ***(Ballyhouras)*** Teresa Brosnan 087 900 2534 *(5 hrs)*
B Walk: *11am* Broadford Co. Limerick, Park at Car Park opposite Broadford Church 82WG+9V ***(Mullaghareirks)***
Vincent McCarthy +973 3556 8293 (WhatsApp) or 087 782 7030 (phone/SMS) *(4 hrs)*

Sunday 29th November
A Walk: *10am* Kings Yard, Knocknagaltee, Kilbehenny P67 X860 (***Galtees)*** Anne Coffey 087 917 2699 *(5-6 hrs)*
B Walk: 11*am* Ballyorgan, Forest Homes Entrance 8G9H+MP ***(Ballyhouras)*** Catherine Hand 087 633 2818 *(4 hrs)*

Sunday 6th December (Bears Christmas Party)

Pre-Christmas Party Walks in the Ballyhouras followed by the Bears Christmas Party at 3pm in Spruce and Willow, Ardpatrick at 3pm. Even if you can't walk, do come to the party.

A Walk: *10am* Ballyorgan, Forest Homes Entrance 8G9H+MP **(Ballyhouras)** Susie Flavin 085 144 8015 *(5 hrs)*

B Walk: *11am* Glenosheen, 52.314386, -8.495855 **(Ballyhouras)** Brian O'Loughlin 087 750 7325 *(4 hrs)*

C Walk: *12pm* *Seefin/Lacca Car Park* 2Km past Biketrails 8G33+3H **(Ballyhouras)** Eileen Hurley 087 900 2152 *(2.5-3 hrs)*

Sunday 13th December

A Walk: *10am* Cush Car Park, Lough Curra Walks Trailhead ***(Galtees)*** William O'Connell 087 127 7143 *(5 hrs)*

B Walk: *11am* 12 O'Clock Hills Car Park, nr Sixmilebridge, V95 YKN5 ***(Clare)*** John Cotter 086 608 4491 *(4 hrs)*

Sunday 20th December

A Walk: *10am* Kilfinane, Maple Ballroom V35 HW31 ***(Ballyhouras)*** Angela Hennessy 087 774 7058 *(5 hrs)*

B Walk: *11am* Millstreet GAA Club, Millstreet, Cork, P51 W3F4 ***(Derrynasaggart)*** Paul Murphy 086 605 4770 *(4 hrs)*

Sunday 27th December (Christmas Walks)

Walk away those dinners and stretch your legs in the company of your fellow bears – with walks arriving back around the same time to raise a glass in Christmas Cheer at Nuala Mee's Pub in Ballyorgan

A Walk: *10am* Ballyorgan, Forest Homes Entrance 8G9H+MP **(Ballyhouras)** Jim Gallivan 087 258 8765 *(5 hrs)*

B Walk: *11am* Ballyorgan, Forest Homes Entrance 8G9H+MP **(Ballyhouras)** Deirdre Fitzpatrick 087 656 9224 *(4 hrs)*

C Walk: *12pm* Ballyorgan, Forest Homes Entrance 8G9H+MP **(Ballyhouras)** Eileen Hurley 087 900 2152 *(2.5-3 hrs)*

Sunday 3rd January 2027

A Walk: *9.30am* Anglesborough, Park by Community Centre, V35 V126 ***(Galtees)*** Paddy Kelly 086 267 3270 *(6 hrs)*

B Walk: *11am* Slievenamuck, meet Aherlow house Hotel, E34 VW22 ***(Tipperary)*** Pat Moriarty 087 265 2242 *(4 hrs)*

Sunday 10th January 2027

A Walk: *10am* Ballinvreena Community Hall, V35 C894 **(Ballyhouras)** Deirdre Fitzpatrick 087 656 9224 *(5 hrs)*

B Walk: *11am* Two Mile Gate RGPP+P4 , 4k north of Killaloe **(Clare)** Tim Twomey & John Cotter 086 608 4491 *(4 hrs)*

Sunday 17th January 2027

A Walk: *10am* Glenroe Church V35 XN35 ***(Ballyhouras)*** Martin Murphy 085 174 1166 *(5 hrs)*

B Walk: *11am* Darragh Creamery 8H5V+C9 ***(Ballyhouras)*** Maureen Murphy 086 836 1321 *(4 hrs)*

Sunday 24th January 2027

A Walk: *10am* Aherlow house Hotel, E34 VW22 **(Tipperary/Slievenamuck)** Tom Brennan 085 209 8116 *(5 hrs)*

B Walk: *11am* Galtee Castle Car Park, Kilbehenny 8RCC+FR **(low Galtees)** Kay Quirke 086 061 9540 *(4 hrs)*

Sunday 31st January 2027

A Walk : *10am* Goosers Bar, Ballina, ***(Arras/ Tipperary)*** V94 R678 Sylvia & William Cooke 086 855 6871 *(5 hrs)*

B Walk: *11am* Mount Hillary Loop 45F4+9V (**Boggeragh**s off N72 ***nr Mallow***) Hilary Mansfield 086 398 3930 *(4 hrs)*

FINDING THE MEETING POINT

After the location you will see a code . **ALL three types of codes can be put into Google Maps**

"**62RV+XC"** is a google map reference, **"P12 AW80"** is an Eircode, **"52.360472, -8.414853"** is a coordinate

‘C’ Walks (2 hours) every Saturday – 11am Start

“C” Walks take place **every Saturday at 11am** with a duration of 2 hours approx. and a very moderate pace.

Details of each “C” walk are provided in the ‘**Ballyhoura Bears News’ WhatsApp Group** *two days beforehand*

You can also contact the **‘C’ Walks Coordinator Eileen Hurley** at **087 900 2152**

“MINI-BEAR” & “FULL BEAR” CHALLENGE

We are a wonderful friendly club with wonderful friendly members and a rich range of walks.

There are 4 walks scheduled every week (“A”, “B”, “C” & Thursday Night). Try to do all for four types.

To do the “Mini-Bear” is to join an “A” Walk, A “B” Walk, “C” Walk & Thursday over any period of time. Even years!

To do the “Full Bear” is to join a “A” Walk, a “B” Walk, a “C” Walk & Thursday Night over an 8-day period. E.g do a ”B” Walk on a Sunday, try the following Thursday night walk, join the “C” Walk on Saturday and then an “A” on Sunday.

Meet your fellow bears and try something different, walk at a different pace and connect.

Thursday Evening Walks – No.4 2026

7.30pm Start (Approx 2 hours duration – occasionally longer in summer)

Head Torch & Hi-Vis Vest Essential

22nd Oct	**Galtee Castle Car Park, Kilbehenny** 8RCC+FR	Kay Quirke	086 061 9540
29th Oct	**Galtee Castle Car Park, Kilbehenny** *8RCC+FR*	Kay Quirke	086 061 9540
5th Nov	**Glenbrohane Church** V35 DK70	Anne Coffey	087 917 2699
12th Nov	**Ballinvreena Community Hall** V35 C894	Anne Coffey	087 917 2699
19th Nov	**Maple Ballroom, Kilfinane** V35 HW31	Declan Clancy	087 711 8560
26th Nov	**Ballyorgan**, Forest Homes Entrance 8G9H+MP	Declan Clancy	087 711 8560
3rd Dec	**Meades Gate** , nr Kilfinane *52.360472, -8.414853*	Geraldine Cooke	087 778 9052
10th Dec	**Barrabunocka Bridge, Kilfinane** *V35 KV98*	Geraldine Cooke	087 778 9052
17th Dec	**Glenanaar Canon Sheehan Trailhead** 7FCR+J7	Paul Murphy	086 605 4770
24th Dec Christmas Eve – No Walk scheduled			
31st Dec New Years Eve – No Walk scheduled			
7th Jan	**Combaun Wood, Anglesborough** *8P9P+G2*	Diarmuid McIntyre	087 224 4192
14th Jan	**Combaun Wood, Anglesborough** *8P9P+G2*	Susan Mackessy	087 282 1533
21st Jan	**Glenanaar Canon Sheehan Trailhead** 7FCR+J7	Paul Murphy	086 605 4770
28th Jan	**Ballinaboola Trailhead** 898P+CF	Pat Moriarty	087 265 2242

Please send any photos taken on club walks to secretary Lucy Mulqueen 087 6910736 for inclusion in local newspapers & club social media - always ensure consent of participants when taking photos for publication.

Keep up to date with the ‘Ballyhoura Bears News’ WhatsApp Group - Walks Updates, Weather Cancellations & training opportunities are made available via the Ballyhoura Bears News WhatsApp group and by email.

The **next club committee meeting** is at **7pm on Wednesday 20th January 2026**, Ballyhoura Offices, Kilfinane

The **Ballyhoura Bears Club AGM** will be held on the **20th October from 7pm at the Deebert House Hotel in Kilmallock,** Co. Limerick. It’s a great social event as well as a space for members to have their voices heard. **From 7pm-8pm there will be a Skill Share event** where members will share insights on Emergency Care, Using Apps, Maps and more followed by the AGM.