



# Ballyhoura Bears Walks List - No.2 of 2026

In the Event of an **ORANGE** or **YELLOW** Weather Warning, Please contact the Walks Leader

**IMPORTANT:** Names **MUST BE** given in Advance to the Walks Leader for **ALL "A" WALKS** outside of Ballyhouras & Galtees **DO NOT TRAVEL WITHOUT CONTACTING THE WALK LEADER**  
It is advisable for "B" Walks outside of the Ballyhouras to text/call the Walks Leader

"B" Walks are moderately paced on mixed terrain with a good level of fitness required.

"A" Walks are strong paced with ascents & challenging terrain. Graded Moderate to Strenuous

PLEASE CHECK WEBSITE & WITH LEADER FOR WALK GRADES INFORMATION, 'A' WALKS ONLY.

## FINDING THE MEETING POINT

After the location you will see a code . **ALL three types of codes can be put into Google Maps**

"62RV+XC" is a google map reference, "P12 AW80" is an Eircode, "52.360472, -8.414853" is a coordinate

## SUNDAY WALKS "A" & "B" plus Spring Break

### Sunday 12<sup>th</sup> April

**A:** 10am Glenroe Church V35 XN35 (**Ballyhouras**) Deirdre Fitzpatrick 087 656 9224 (5 hrs)

**B:** 11am Mount Hillary Loop Car Park 45F4+9V (**Boggeraghs** off N72 **nr Mallow**) Hilary Mansfield 086 398 3930 (4hrs)

## SPRING BREAK Saturday 18<sup>th</sup> & Sunday 19<sup>th</sup> April

### Saturday 18<sup>th</sup> April

**A:** 10am Nire Valley Car Park 7C83+RV (**Comeraghs**) 19k 950m Paddy Kelly 086 267 3270 (6-7 hrs)

**B:** 10am Nire Valley Car Park 7C83+RV (**Comeraghs**) Sylvia Cooke 086 855 6871 (**10AM START**) (4 hrs)

### Sunday 19<sup>th</sup> April

**A & B Combined 10am** (to Sgilloge Loughs) Nire Valley Car Park 7C83+RV (**Comeraghs**) (**10AM START A AND B Walks**)

Anne Coffey 087 917 2699 and Mary O'Connell 086 398 3385 (4 hrs)

(There will be an option of extending the walk for those doing the A Walk) (4+ hrs)

### Sunday 26<sup>th</sup> April

**A:** 10am Cush Car Park, Lough Curra Walks Trailhead (**Galtees**) William O'Connell 087 127 7143 (5-6 hrs)

**B:** 11am Cush Car Park, Lough Curra Walks Trailhead (**Galtees**) Pat Moriarty 087 265 2242 (4 hrs)

### Sunday 3<sup>rd</sup> May

**A:** 10am Killballyboy Wood 727G+5H (**Knockmealdowns**) Anne Coffey 087 917 2699 (5 hrs)

**B:** 11am Ballinaboola 898P+CF (**Ballyhouras**) John Hennessy 086 866 9231 & Paul Murphy 086 605 4770 (4 hrs)

### Sunday 10<sup>th</sup> May

**A:** **9.30am** Meet Ballyorgan for Carpool - Half Marathon - Doubles as Recce/Test Run for **Part 1** of Walking Festival Marathon in October with which Bears are asked to help out Declan Clancy 087 711 8560 (5-6 hrs)

**B:** 11am Ardpatrick Community Centre V35 YY02 (**Ballyhouras**) Paul Murphy 086 605 4770 (4 hrs)

### Sunday 17<sup>th</sup> May

**A:** 10am Cronin's Yard, V93 HK71 (**Carrauntohill**) John Carew 087 830 0224 & Martin Murphy 085 174 1166 (5-6 hrs)

**B:** 11am Lough Curra Trailhead (Cush) CR27+GQ (**Galtees**) Susie Flavin 085 144 8015 (4 hrs)

### Sunday 24<sup>th</sup> May

**A:** 10am The Vee (NOT Bay Lough) 7357+G4 (**Knockmealdowns**) Joan Neill 087 314 9215 (5-6 hrs)

**B:** 11am 12 O'Clock Hills Car Park, nr Sixmilebridge, V95 YKN5 (**Clare**) John Cotter 086 608 4491 (4 hrs)

### Sunday 31<sup>st</sup> May

- A (1) : 9.30am** Hydro Road 'Carrauntoohil' Car Park 26F6+66 (**Reeks**) Coumloughra Horseshoe 1250m (7-8 hrs)  
(weather dependent) William Cooke 087 270 9637
- A (2) : 9.30am** Hydro Road 'Carrauntoohil' Car Park 26F6+66 (**Reeks**) Skregmore + Beenkeenragh 850m (5-6 hrs)  
Sylvia Cooke 086 855 6871
- B:** 11am Ballinvreena Community Centre V35 C894 (**Ballyhouras**) Deirdre Fitzpatrick 087 656 9224 (4 hrs)

### Sunday 7<sup>th</sup> June

- A:** 10am meet Lough Curra Trailhead CR27+GQ for car pool (**Galtees**) Frances O'Brien 087 285 3878 (5-6 hrs)
- B:** 11am Keeper Hill Trailhead Doonane Car Park PMQF+3M (**Tipperary**) Tim Twomey 086 370 2950 (4 hrs)

### Sunday 14<sup>th</sup> June

- A:** 10am Kate Kearney Cottage 29R9+56 (Kerry) Purple & Tomies & Shehy Mary O'Connell 086 398 3385 (6 hrs)
- B:** 11am Glenanaar Car Park, Canon Sheehan Trailhead 7FCR+J7 (**Ballyhouras**) JJ Cremin 087 688 7977 (4 hrs)

### Sunday 21st June

- A: 9.30am** Meet Kilfinane for Carpool - Half Marathon - Doubles as Recce/Test Run for **Part 2 of Walking Festival Marathon** in October with which Bears are asked to help out Deirdre Fitzpatrick 087 656 9224 (5-6 hrs)
- B:** 11am Bay Lough Car Park 62RV+XC (**Knockmealdowns**) Josephine Hennessy 085 143 3875 (4 hrs)

### Sunday 28<sup>th</sup> June

- A:** 10am Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhouras**) Kay Aherne 087 934 5233 (5-6 hrs)
- B:** 11am Meet South Pole Inn, Annascaul for Car Pooling V92 N220 (**Kerry**) Liz Enright 087 287 3937 (4 hrs)

### Sunday 5<sup>th</sup> July

- A: 10.30am** Car park by St Finbarrs Oratory, P12 AW80 (**Gougane Barra**) Pdraigín Riggs 086 855 1779 (5-6 hrs)
- B:** 11am Ballyorgan, Forest Homes Entrance 8G9H+MP (**Ballyhouras**) Catherine Hand 087 633 2818 (4 hrs)

### Sunday 12th July

- A:** 9.30am Meet Cloghane 6RM8+2W (**Kerry**) Martin Murphy 085 174 1166 & John Carew 087 830 0224 (5-6 hrs)
- B:** 11am Glenroe Church V35 XN35 (**Ballyhouras**) Declan Clancy 087 711 8560 (4 hrs)

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## 'C' Walks (2 hours) every Saturday – 11am Start

"C" Walks take place every Saturday at 11am with a duration of 2 hours and a very moderate pace.

Details of each "C" walk are provided in the '**Ballyhoura Bears News' WhatsApp Group** two days beforehand

You can also contact the '**C' Walks Coordinator Eileen Hurley** at **087 900 2152**

### "MINI-BEAR" & "FULL BEAR" CHALLENGE

**We are such a wonderful friendly club with wonderful friendly members.**

**There are 4 walks scheduled every week ("A", "B", "C" & Thursday Night).**

To do the "Mini-Bear" is to join an "A" Walk, a "B" Walk, "C" Walk & Thursday over any period of time. Even years!

To do the "Full Bear" is to join a "A" Walk, a "B" Walk, a "C" Walk & Thursday Night over an 8-day period. E.g do a "B" Walk on a Sunday, try the following Thursday night walk, join the "C" Walk on Saturday and then an "A" on Sunday.

**Meet your fellow bears and try something different, walk at a different pace and connect.**

# Thursday Evening Walks – No.2 2026

7.30pm Start (Approx 2 hours duration – occasionally longer in summer)

Head Torch & Hi-Vis Vest Essential

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9th April	Ballinvreena Centre V35 C894	Noreen Quish	087 293 9114
16th April	Glenanaar Canon Sheehan Trailhead 7FCR+J7	Paul Murphy	086 605 4770
23rd April	Glenanaar Canon Sheehan Trailhead 7FCR+J7	Paul Murphy	086 605 4770
30th April	Galtee Castle Car Park, Kilbehenny 8RCC+FR	Kay Quirke	086 061 9540
7th May	Glenroe Church V35 XN35	Geraldine Cooke	087 778 9052
14th May	Glenroe Church V35 XN35	Geraldine Cooke	087 778 9052
21st May	Galtee Castle Car Park, Kilbehenny 8RCC+FR	Kay Quirke	086 061 9540
28th May	Combaun Wood, Anglesborough 8P9P+G2	Susan Mackessy	087 282 1533
4th June	Meades Gate 52.360472, -8.414853	Kathleen Power	087 660 9663
11th June	Meades Gate 52.360472, -8.414853	Kathleen Power	087 660 9663
18th June	Aherlow House Hotel E34 VW22	Anne Coffey	087 917 2699
25th June	Lough Curra Trailhead (Cush) CR27+GQ	Mary O’Brien	086 120 2004
2nd July	Maple Ballroom, Kilfinane V35 HW31	Angela Hennessy	087 774 7058
9th July	Seefin Mountain Car Park 8G23+XR	Brian O’Loughlin	087 750 7325
16th July	Knockfierna, Ballingarry F5F7+2W	Pat O’Rourke	087 636 9073

**Trails Maintenance Day 16th May Meet at 9.30 in Ardpatrick.** Open to all Bears to come along for a few hours and work together to enhance trails - coordinators Jim Gallivan 087 258 8765 Declan Clancy 087 711 8560

**Keep up to date with the ‘Ballyhoura Bears News’ WhatsApp Group** - Walks Updates, Weather Cancellations and training opportunities are made available via the Ballyhoura Bears News WhatsApp group and also by email.

**Spring Break** (formerly Easter Break) take place in the Comeraghs from 18th-19th April

**The 2026 Bears Trip abroad** will take place from 7th – 14th September in Northern Italy close to the Swiss border

The **next club committee meeting** is at 6pm on Thursday 25th June 2026 in Deebert House Hotel, Kilmallock.

The **Walks List meeting** (No.3 2026) takes place at 7pm after the committee – all club leaders are welcome to attend.

Please note **any photos taken on club walks** can be sent to Lucy Mulqueen 087 6910736 for inclusion in local newspapers and Club social media- please ensure consent of participants when taking photos for publication.

## Get your friends involved!

## Join us for a Trial Hike!

Did you know that **Non-Members** can do up to three Bear walks free of charge to see if hiking is for them? Membership is then available for 55 Euros for the year via [Ballyhourabears.com](http://Ballyhourabears.com).

Walks Leaders are asked to send details of non-members who join their walks to the membership secretary Christina Carew at [membership@ballyhourabears.com](mailto:membership@ballyhourabears.com) or 087 286 9094.